Learning about X-rays with Lula and Ethan

A children’s book entitled, Learning about X-rays with Lula and Ethan is based on one young child, Ethan, getting a head CT after having a minor playground injury. He explains what he learned to another child during lunch at school. The book was written for children ages 7 and up and attempts to create a dialogue which will educate kids (and parents) about possible concerns around radiation exposure, but also explains the value of CT. This educational document reinforces information available on the Image Gently Alliance website (www.imagegently.org) and includes questions for parents to ask the doctor, suggesting that children can play a role in this discussion as well. For example, ask if the CT is child-sized (using the right amount of radiation for the patient), avoid multiple scans, and ask if examinations which do not use ionizing radiation, such as MR imaging or ultrasound can be used instead of CT. Most importantly, this book introduces readers, both parents and children, to one of their key healthcare providers—the radiologist.

The Image Gently Alliance has no financial stake in this material and is simply providing information on this unique resource to those interested. This educational piece is available for a nominal fee as an e-book on Apple iTunes™ (https://itunes.apple.com/us/book/learning-about-x-rays-lula/id1094966223?mt=11) or click here to order a paperback copy (http://www.blurb.com/ebooks/572567-learning-about-x-rays-with-lula-and-ethan.) The lead author, Luther Adair, MD, can also be contacted at http://www.viewbox.net.